

## **Fourth Annual Kane Health Counts Symposium**

Health care providers, mental health professionals, school personnel and community members are invited to attend a free online symposium discussion on social connectedness presented by Kane Health Counts on Thursday, October 6 from Noon to 1:30 p.m. Guest speakers Padraic Stanley and Dr. Marissa Happ will be discussing how social connections have a positive impact on health.

Register online at https://bit.ly/3Sdsg0O

The event will address the Community Health Improvement Plan (CHIP) and the top health needs facing Kane County. The discussion will continue as our local experts highlight how human connection can improve health outcomes, and what we can do in our community to support these efforts.

"Research continues to show how being connected to others improves how healthy someone will be," said Kane County Health Department Executive Director, Michael Isaacson. "So many people have been more isolated through the pandemic, reconnecting with family, friends and others in the community is good for both mental and physical health."

Kane Health Counts is a collaboration of public health partners striving to improve the health of Kane County. Partners include the five local hospitals: Ascension Mercy, Ascension Saint Joseph - Elgin, Northwestern Medicine/Delnor Hospital, Rush Copley Medical Center, Advocate Sherman Hospital, INC Mental Health Alliance, an alliance of township 708 boards serving the southern part of the county, and the Kane County Health Department.

For more information about Kane Health Counts, please visit KaneHealthCounts.org.

For more information about the symposium, contact Stacy Zeng, Kane County Health Department Community Health Planner at zengstacy@co.kane.il.us.